



Today's News

Kindness

Years ago, Glenn Campbell sang a song entitled "Try a little kindness." The lyrics admonished showing kindness to everyone you see! Most of us are so busy doing our own thing; we do not give a thought to this very necessary attribute!

Kindness: the ability to behave kindly; the practice of being or the tendency to be sympathetic and compassionate; an act that shows consideration and caring. Gentleness, thoughtfulness, consideration, helpfulness, benevolence.

Many are in a mad rush to complete an errand or task, that they run "roughshod" over their fellowman. There are hurting people in our world that would appreciate a little consideration and thoughtfulness. This will take gentleness and compassion on our part.

When you are standing in a checkout line that is long and you sense frustration, why not talk to your neighbor in line? Compliment the mother with two little charges, and talk to them to divert their attention from boredom, when you see her getting impatient and weary. A word of encouragement and a sincere compliment can make somebody's day! In turn it will alleviate and pass the time profitably. To show kindness may be a lost art, but we can cultivate it in our lives, and may help that person to pass it on to the next one they meet!

In trying a little kindness, as the song goes, "you can shine your light for everyone to see!" Be a beacon in a world of darkness! Try a little kindness today!